

**2007 USMS 3000 Yard Postal Championships  
Individual Results - 1**

<b>Age Grp</b>	<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Club abbr</b>	<b>Time</b>	
<b>WOMEN</b>		<b>Amanda</b>	<b>Beard</b>	<b>2001</b>		<b>32:26.99</b>	<b>QP</b>
18-24	1	Katey	Mirch	23	NEM	36:30.36	889
	2	Amy	Mehltretter	22	NIAG	36:59.50	877
	3	Marly	Wilson	23	FACT	38:51.69	835
	4	Jessica	Brown	24	NEM	40:15.40	806
	5	Alexis	Fink	24	MINN	43:31.99	745
	6	Lauren	Arcidi	19	GBM	49:21.70	657
	7	Molly	Crawford	22	CMS	49:34.07	655
	8	Christina	Fenske	22	SAWS	51:45.39	627
	9	Rachel	Cilley	24	GBM	53:20.13	608
	10	Lindsey	Husk	24	OREG	53:50.99	603
	11	Ashley	Nashleanas	21	IAMP	55:09.99	588
		<b>Melanie</b>	<b>Williams</b>	<b>2004</b>		<b>34:39.39</b>	<b>QP</b>
25-29	1	Jennifer	Priester	29	GBM	36:23.06	953
	2	Melinda	Williams	26	NEM	37:20.56	928
	3	Julie	Porro	29	BERK	38:00.16	912
	4	Rachel	Hughey	29	MINN	38:13.99	906
	5	Kristina	Peterson	25	IAMP	39:43.99	872
	6	Megan	Sullivan	27	OREG	41:08.01	843
	7	Leslie	Hahn	27	FACT	42:39.41	812
	8	Lisa	Bettinger	25	BERK	42:39.56	812
	9	Keeley	Yen	25	MINN	42:39.99	812
	10	Nicki	Bickley	27	MOST	48:15.69	718
	11	Zoe	Pechter	29	MVM	1:12:25.99	478
		<b>Laureen</b>	<b>Welting</b>	<b>2000</b>		<b>33:42.51</b>	<b>QP</b>
30-34	1	Kristi	Lee	31	SAWS	34:58.87	964
	2	Sara	Nelson	34	OREG	35:46.13	942
	3	Andrea	Packard	32	NCMS	35:55.97	938
	4	Alegra	Reich	32	SPM	37:07.70	908
	5	Sarah	Hackler	31	GAJA	37:41.99	894
	6	Jill	Guerrera	34	MICH	37:59.28	887
	7	Nicole	Benson	33	GBM	39:01.00	864

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8	Karla	Rees	34	MVM	41:29.39	812
9	Jenny	Harvey	30	NEM	42:10.01	799
10	Victoria	Livingstone	30	NEM	42:56.50	785
11	Colleen	Libbey	32	AKMS	49:29.99	681
12	Heather	Anderson	34	GBM	55:53.08	603
13	Kristine	Jackson	34	MOST	58:11.72	579

		<b>Karlyn</b>	<b>Pipes-Neilsen</b>	<b>1999</b>		<b>32:54.57</b>	<b>QP</b>
35-39	1	Nadine	Day	37	IM	35:01.99	939
	2	Kristine	Senkier	37	OREG	36:27.68	903
	3	Jayna	Tomac	35	OREG	38:26.99	856
	4	Alexis	Murray	36	1776	38:32.12	854
	5	Christine	Walsh	39	SAWS	38:48.14	848
	6	Erika	Billish-McCormick	39	SAWS	38:57.99	845
	7	Cheryl	Morgen	38	OREG	40:07.99	820
	8	Jennifer	Backer	39	MICH	41:59.10	784
	9	Bridget	Bailie	38	ISF	42:21.04	777
	10	Sarah	Downey	38	GBM	43:20.35	759
	11	Lynne	Rademacher	38	GBM	43:47.61	751
	12	Mary	Reiman	37	WMAC	44:12.99	744
	13	Carol	Prescott	38	GBM	44:24.95	741
	14	Masi	Denison	36	GBM	44:50.22	734
	15	Elizabeth	Kegode	39	GBM	45:20.10	726
	16	Melinda	Menzer	38	UNAT	45:52.99	717
	17	Jennifer	Terry	36	SAWS	48:30.47	678
	18	Suzanne	Dowling	38	MOST	48:38.21	677
	19	Cynthia	Smidt	37	OREG	48:47.99	674
	20	Veronica	Morales	38	MOST	48:48.21	674
	21	Susan	Stauffer	39	SAWS	51:37.37	637
	22	Danielle	Strater	35	GBM	54:35.13	603
	23	Shannon	Titzel	36	AKMS	54:47.99	601
	24	Muffin	Camp	38	MOST	58:06.21	566
	25	Susan	Brasher	37	UNAT	58:16.99	565
	26	Jennifer	Daniels	37	GBM	1:00:32.59	544

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Individual Results - 3**

		<b>Karlyn</b>	<b>Pipes-Neilsen</b>	<b>2003</b>		<b>33:18.69</b>	<b>QP</b>
40-44	1	Charlotte	Peterson	43	SPM	34:17.87	971
	2	Laurie	Hug	42	1776	34:23.89	968
	3	Ellen	Reynolds	43	SAWS	35:14.29	945
	4	Victoria	Rian	41	ISF	36:12.44	920
	5	Marcia	Cleveland	43	IM	38:00.96	876
	6	Arlene	Delmage	44	OREG	38:01.38	876
	7	Karen	Matson	44	OREG	38:08.98	873
	8	Nicole	Vanderpoel	43	CMS	38:59.06	854
	9	Lori	Leadbetter	42	SPM	39:42.44	839
	10	Kim	Wesson	40	GBM	40:09.27	830
	11	Dee	Hunter	41	SQST	40:28.70	823
	12	Christine	Tait	42	AKMS	41:48.09	797
	13	Andrea	Woodburn	43	GOLD	42:02.05	792
	14	Katherine	McAteer	44	ISF	42:22.84	786
	15	Lynn	Ascione	40	BERK	44:20.93	751
	16	Laurie	Kilbourn	40	OREG	46:56.80	710
	17	Jana	Slezak	42	GBM	46:59.80	709
	18	Elizabeth	Stine	41	GBM	49:16.07	676
	19	Linda	Kees	41	SAWS	52:14.93	638
	20	Jacqueline	Wursta	40	OREG	52:32.99	634
	21	Susan	Gorman	41	OREG	54:42.99	609
	22	Melissa	Snow	42	GBM	55:59.10	595
	23	Rosanne	Hughes	44	AKMS	55:59.99	595
	24	Patricia	DelGrosso	42	GBM	56:34.41	589
	25	Ingrid	Kessler	44	OREG	59:00.00	565
	26	Nancy	Schwarzer	43	NCMS	59:20.01	561
	27	Roberta	Varela-Hein	43	MOST	1:00:28.03	551
	28	Jill	Thrasher	40	NIAG	1:01:57.99	538
	29	Flavia	Zappa	40	SPM	1:04:29.09	517
	30	Nathalie	Wall	40	WSU	1:10:04.83	475
	31	Kim	Chrane	42	GBM	1:28:12.16	378

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Individual Results - 4**

		<b>Karen</b>	<b>Einsidler</b>	<b>2002</b>		<b>35:41.51</b>	<b>QP</b>
45-49	1	Vibeke	Swanson	46	1776	35:50.20	996
	2	Denise	Brown	48	MICH	36:54.33	967
	3	Kathleen	Steffe	45	CMS	39:06.99	912
	4	Laura	Kaleel	47	SPM	39:26.54	905
	5	Sharon	Steinmann	49	SPM	40:09.99	889
	6	Susan	Ingraham	48	MOST	40:14.40	887
	7	Lisa	Flanagan	45	SPM	40:29.00	882
	8	Kristine	Denney	47	OREG	40:32.00	881
	9	Debbie	Cavanaugh	49	GOLD	40:53.87	873
	10	Whitney	Schwartz	45	GBM	42:02.92	849
	11	Leslie	Craven	48	NEM	42:23.99	842
	12	Susan	Kirk	47	BERK	43:33.25	819
	13	Cheryl	Gettelfinger	49	ISF	44:02.24	810
	14	Barb	Harris	47	OREG	44:12.58	807
	15	Julia	Malloy	47	GBM	44:23.44	804
	16	Lynn	Blue	49	IAMP	44:51.05	796
	17	Louise	Valois	45	GBM	45:36.11	783
	18	Anne-France	Saillot	45	BERK	45:40.58	781
	19	Dorothy	Bullard	49	NOVA	47:18.03	755
	20	Patricia	Rogers	48	OREG	47:39.99	749
	21	Kristine	Kellogg	45	VSC	47:58.34	744
	22	Paula	Moores	49	SAWS	48:14.57	740
	23	Mary	Pohlman	49	NEM	48:22.10	738
	24	Maddie	Diedo	49	MICH	49:13.31	725
	25	Patricia	Nardozzi	48	SPM	49:18.92	724
	26	Lynne	Lasser	45	IM	49:24.00	723
	27	Jessica	Jolly	45	IM	51:09.91	698
	28	Rosanne	Lemongello	45	BERK	55:56.16	638
	29	Deborah	Edin	45	GBM	57:39.98	619
	30	Theresa	Hamer	49	GBM	57:47.57	618
	31	Mary S	Smith	49	GBM	1:03:06.54	566
	32	Marie	DeGennaro	47	MOST	1:05:32.94	545
	33	Sue	Moucha	49	BLUE	1:20:33.96	443

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Individual Results - 5**

		<b>Danielle</b>	<b>Ogier</b>	<b>2003</b>		<b>36:33.58</b>	<b>QP</b>
50-54	1	Mary	Sweat	50	OREG	37:58.48	963
	2	Lisa	Bennett	51	SQST	38:09.71	958
	3	Elaine	Fincham	52	MOST	39:31.71	925
	4	Kathy	Boyer	53	MOST	42:02.45	870
	5	Jo Ann	Harrelson	51	SPM	43:00.00	850
	6	Judith	Laney	54	CMS	43:55.76	832
	7	Pam	Geiger	54	SPM	44:43.65	817
	8	Nancy	Kryka	52	MINN	45:30.41	803
	9	Dorothy	Bullard	50	NOVA	45:57.51	795
	10	Cathy	Murphy	51	WSU	46:37.22	784
	11	Jan	Johnson	53	ISF	47:22.87	772
	12	Toni	Brown	52	OREG	50:48.99	719
	13	Linda	Callaway	54	MOST	52:19.50	699
	14	Michelle	Grenier	50	GBM	52:58.00	690
	15	Chris	Mayhew	54	MOST	53:10.82	687
	16	Patricia	Campbell	54	GBM	55:23.32	660
	17	Sara	Pope-Davis	52	IAMP	57:43.99	633
	18	Connie	Peterson	52	OREG	58:37.09	624
	19	Toni	Nelson	54	INWM	59:04.13	619
	20	Sandy	Woodcock	51	GBM	59:53.56	610

		<b>Barbara</b>	<b>Dunbar</b>	<b>2004</b>		<b>36:25.69</b>	<b>QP</b>
55-59	1	Shirley	Loftus-Charley	55	VMST	39:13.57	929
	2	Denise	Everitt	55	NIAG	39:18.43	927
	3	Kathy	Umbdenstock	55	VMST	43:10.18	844
	4	Meegan	Wilson	59	FACT	48:38.70	749
	5	Jill	Wright	56	SAWS	49:32.14	735
	6	Storm	Eddy	57	SPM	52:24.60	695
	7	Susan	Barbary	57	GBM	55:22.00	658
	8	Winifred	Prall	59	CMS	55:42.08	654
	9	Selene	Santucci	57	WSU	58:22.29	624
	10	Beverly	Travis	55	UNAT	59:25.81	613
	11	Kathy	DeGree	57	OREG	1:03:17.01	576
	12	Stephanie	Harris	57	OREG	1:04:17.99	567
	13	Lee	Husk	55	OREG	1:06:59.99	544

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Individual Results - 6**

		<b>Barbara</b>	<b>Frid</b>	<b>2004</b>		<b>45:00.11</b>	<b>QP</b>	
60-64	<b>NR-1</b>	<b>Linda</b>	<b>Shoenberger</b>	<b>60</b>	<b>TAM</b>	<b>43:32.29</b>	<b>1034</b>	<b>NR</b>
	2	Ann	Svenson	61	DCM	46:52.50	960	
	3	Jennifer	Parks	64	MICH	47:51.02	940	
	4	Greta	van Meeteren	60	NCMS	52:52.48	851	
	5	Pam	Dameron	62	SQST	53:04.46	848	
	6	Wendy	Weinberg	62	ARIZ	55:52.46	805	
	7	Marianne	Bradley	64	FACT	59:03.32	762	
	8	Susan	Husson	63	ARIZ	1:02:03.03	725	
	9	Peggy	Whiter	64	OREG	1:03:45.99	706	
	10	Florence	Delaney	62	FACT	1:03:51.10	705	
	11	Manya	Hult	62	GBM	1:10:37.76	637	
	12	H. Marie	Baldner	62	SAWS	1:11:20.99	631	
	13	Lynn	Francis	63	MOST	1:14:57.43	600	
	14	Camille	Klotz	62	NCMS	1:24:26.20	533	

		<b>Susan</b>	<b>Munn</b>	<b>2003</b>		<b>45:42.24</b>	<b>QP</b>	
65-69	1	Patricia	Bond	69	FMM	51:18.22	891	
	2	Anne	Olson	68	PNA	53:54.21	848	
	3	Louise	Murray	67	NIAG	54:21.18	841	
	4	Alice	Seidl	66	GBM	1:04:20.12	710	
	5	Sandy	Steer	68	SPM	1:06:46.99	684	
	6	Margie	Hutinger	67	FMM	1:15:23.99	606	
	7	Claire	Gregg	66	MOST	1:22:18.74	555	
	8	Carol	Walters	66	ARIZ	1:23:02.99	550	

		<b>Lavelle</b>	<b>Stoinoff</b>	<b>2004</b>		<b>45:35.99</b>	<b>QP</b>	
70-74	1	Jane	Oberg	70	CMS	50:17.05	907	
	2	Betsy	Jordan	70	SDSM	50:18.43	906	
	3	Anne	Granath	73	NCMS	1:03:17.99	720	
	4	Kate	Knight-Perry	72	SPM	1:04:08.99	711	
	5	Doris	Prokopi	71	FMM	1:06:20.88	687	
	6	Rosie	Vijil	72	FMM	1:25:39.18	532	

		<b>Joan</b>	<b>Campbell</b>	<b>2006</b>		<b>58:56.77</b>	<b>QP</b>	
75-79	1	Nancy	Durstein	77	FACT	1:06:24.03	888	
	2	Ruth	Hoskinson	77	FMM	1:14:06.03	795	

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		<b>Rita</b>	<b>Simonton</b>	<b>1998</b>		<b>55:12.91</b>	<b>QP</b>
80-84	1	Lois	Kivi Nochman	82	MICH	1:04:42.89	853
	2	Bernice	Phillips	80	PNA	1:24:30.16	653

		<b>Rita</b>	<b>Simonton</b>	<b>2003</b>		<b>59:47.72</b>	<b>QP</b>
85-89	1	Juanita	Willard	87	NCMS	1:58:19.24	505

<b>MEN</b>		<b>Scott</b>	<b>Whitbeck</b>	<b>2005</b>		<b>30:10.37</b>	<b>QP</b>
18-24	1	Chris	Seibert	23	IAMP	34:46.99	867
	2	Craig	Charley	24	VMST	37:44.20	800
	3	Thomas	Alne	19	GSM	41:51.92	721
	4	Patrick	McCoubie	21	IAMP	46:20.99	651
	5	Jan	Slezak	19	GBM	1:01:35.50	490

		<b>Chip</b>	<b>Hobson</b>	<b>1996</b>		<b>31:57.00</b>	<b>QP</b>
25-29	1	Pieter	DeHart	29	NEM	34:45.30	919
	2	Brian	Grandjean	25	GBM	44:42.12	715
	3	Darren	Johnson	26	GBM	47:46.01	669
	4	Tom	Ingebritson	29	GBM	52:17.01	611

		<b>Jeff</b>	<b>Erwin</b>	<b>1996</b>		<b>31:15.24</b>	<b>QP</b>
30-34	1	Keith	Krelovich	33	1776	34:23.59	909
	2	John	Reich	30	SPM	34:26.01	908
	3	Jeff	Maydak	34	NAST	35:30.89	880
	4	Ted	Mitchell	30	GBM	37:51.75	825
	5	Marcos	Donolo	32	WSU	40:12.26	777
	6	William	Yepes	33	GOLD	45:37.20	685
	7	Sean	Donohue	32	GBM	53:23.99	585

		<b>Mike</b>	<b>Shaffer</b>	<b>2002</b>		<b>30:16.43</b>	<b>QP</b>
35-39	1	Robert	Emary	39	UNAT	35:38.23	850
	2	Benjamin	Morse	35	MESC	36:08.21	838
	3	David	Cloninger	38	OREG	37:33.31	806
	4	Jim	Robertson	38	GBM	38:47.51	780
	5	Michael	Guirl	36	MOST	40:03.72	756
	6	Robert	Villacres	38	SPM	40:21.20	750
	7	Mike	Anderson	36	GBM	40:37.79	745

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8	Jeff	Burton	38	FMM	43:22.93	698
9	Joseph	Long	38	UNAT	47:40.16	635
10	Mike	Nims	39	UNAT	48:56.56	619
11	David	Criswell	37	GBM	52:06.37	581
12	Daniel	Cross	39	UNAT	52:35.70	576
13	Richard	Dexter	38	VSC	55:50.59	542
14	Sanjuro	Jogdeo	38	GBM	56:25.65	537
15	Nick	Paquette	38	GBM	57:12.46	529

		<b>Jeff</b>	<b>Erwin</b>	<b>2004</b>		<b>30:31.55</b>	<b>QP</b>
40-44	1	Jeff	Erwin	43	SAWS	31:38.41	965
	2	Kurt	Dickson	40	ARIZ	32:20.00	944
	3	Greg	Jablonski	41	OREG	34:25.83	887
	4	Todd	Walter	40	IAMA	35:42.76	855
	5	Hardy	Lussier	42	OREG	36:23.60	839
	6	Kurt	Baron	43	VCM	36:37.02	834
	7	Timothy	Waid	44	MOVY	36:51.50	828
	8	Robert	Higley	42	OREG	37:07.11	822
	9	William	Neafsey	40	MICH	37:50.18	807
	10	Thomas	Evans	41	CMS	38:21.59	796
	11	Robert	LeVine	43	NCMS	38:28.78	793
	12	Jonathan	Olsen	44	GOLD	39:37.56	770
	13	Eric	Marquard	43	BERK	39:41.13	769
	14	Larry	Caldwell	42	GOLD	39:50.50	766
	15	Steve	Wursta	41	OREG	43:01.99	709
	16	Robert	Fernald	40	GBM	43:42.20	698
	17	William	Marshall	44	COM	43:52.78	696
	18	Jack	Nuanes	44	UNAT	44:16.63	689
	19	Chris	Desisto	44	NEM	44:59.30	679
	20	Tom	Witmer	41	NIAG	46:27.78	657
	21	Scott	Lauer	44	GBM	46:34.58	655
	22	Pierre	Blouin	41	OREG	46:43.34	653
	23	Eric	Simontis	44	GAJA	47:08.09	648
	24	Maurik	Holtrop	42	GBM	49:22.01	618
	25	Jeff	Caplan	43	GAJA	50:23.09	606
	26	Glenn	Garcia	42	MOST	52:47.54	578
	27	Holmes	Finch	42	CSI	54:38.36	559
	28	Randal	Boldt	43	HEAM	58:50.62	519

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Individual Results - 9**

		<b>Jim</b>	<b>McConica</b>	<b>2000</b>		<b>31:10.18</b>	<b>QP</b>
45-49	1	Ed	Gendreau	45	GBM	33:41.10	925
	2	Doug	Asbury	47	OREG	35:46.64	871
	3	Mike	Degroat	48	1776	35:49.23	870
	4	David	Sebastian	46	IM	37:12.01	838
	5	Kris	Calvin	46	OREG	37:46.51	825
	6	Mark	Doyle	47	NCMS	38:13.20	816
	7	Jeffrey	Magouirk	46	CMS	39:21.26	792
	8	Pat	Park	45	KCYM	40:06.50	777
	9	Steve	Humphrey	48	CMS	40:26.96	771
	10	Ray	Desmarais	49	GBM	41:53.01	744
	11	Bruce	Lander	48	GBM	43:12.09	721
	12	David	Feldman	48	BERK	43:29.19	717
	13	Doug	Garcia	46	WSU	44:23.17	702
	14	David	Nobles	47	COM	45:02.42	692
	15	David	Fabian	48	BERK	46:06.36	676
	16	Ernest	Beauvais	46	NCMS	46:17.36	673
	17	George	Halow	45	MICH	46:32.07	670
	18	Michael	McAfee	46	GBM	46:41.39	668
	19	Brian	Martin	45	MOST	47:12.11	660
	20	Brent	Anderson	45	MOST	47:20.78	658
	21	Patrick	Messer	46	GBM	48:05.29	648
	22	Michael	Busby	47	GBM	48:15.26	646
	23	Chuck	Oswald	47	MOST	49:31.98	629
	24	Paul	Griffin	47	GBM	50:05.25	622
	25	Brian	Vande Krol	45	UNAT	52:30.52	594
	26	Jon	Wiley	49	CSI	54:53.75	568
	27	Jim	Zuba	45	WSU	56:20.94	553
	28	Mark	Brilz	48	SAWS	57:20.46	544
	29	Mark	Clark	47	WSU	58:25.60	533
	30	Wayne	Merritt	46	GBM	1:03:05.31	494

**2007 USMS 3000 Yard Postal Championships  
Individual Results - 10**

		<b>Jim</b>	<b>McConica</b>	<b>2001</b>		<b>31:37.55</b>	<b>QP</b>
50-54	1	James	Stewart	50	MINN	34:34.94	915
	2	Timothy	Kennedy	51	SPM	34:55.18	906
	3	Kern	Davis	52	SPM	34:56.19	905
	4	Joe	Aumiller	50	MICH	38:15.28	827
	5	Mike	Tennant	54	OREG	39:23.99	803
	6	Stephan	Freeman	51	SPM	40:04.69	789
	7	Wes	Edwards	54	OREG	40:38.16	778
	8	John	Flack	52	NCMS	40:57.71	772
	9	Scott	Paul	50	PNA	41:28.06	763
	10	Bruce	Morey	50	MICH	42:16.69	748
	11	Michael	Fanelli	53	BERK	42:52.13	738
	12	Kermit	Yensen	54	OREG	43:01.84	735
	13	Larry	LeMaire	54	IAMP	43:18.99	730
	14	Bill	Beyerbach	52	NIAG	43:30.24	727
	15	Kevin	Whitney	50	GBM	45:15.94	699
	16	Howard	Craddock	54	VMST	45:20.01	698
	17	Steve	Erickson	50	MICH	45:36.75	693
	18	Skip	Montanaro	53	IM	46:37.14	678
	19	David	Gude	52	MOST	47:18.57	668
	20	Robert	Tucker	53	GBM	47:25.09	667
	21	Mark	Stone	51	UNAT	47:37.99	664
	22	Barry	Fussell	54	GBM	47:43.30	663
	23	Michael	DeSeguin	53	UNAT	48:48.99	648
	24	Gregory	McCrone	54	GBM	49:11.97	643
	25	Patrick	Stevens	54	GBM	49:15.05	642
	26	Stephan	Jones	51	CSI	49:42.55	636
	27	Don	Reiman	52	SAWS	49:48.99	635
	28	Tom	Shuman	53	OREG	51:40.46	612
	29	Paul	Cleary	51	UNAT	53:48.99	588
	30	Robert	Hard	54	MOST	56:58.12	555
	31	Thomas	Bidwell	54	NIAG	57:19.68	552
	32	Gregory	Rotole	53	FMM	1:08:40.99	460
	33	Paul	Cajka	50	SYSM	1:09:32.41	455

**2007 USMS 3000 Yard Postal Championships  
Individual Results - 11**

		<b>Jim</b>	<b>McConica</b>	<b>2006</b>		<b>32:31.77</b>	<b>QP</b>
55-59	1	Steve	Johnson	59	OREG	35:09.24	925
	2	Bruce	Gianniny	56	NIAG	37:06.29	877
	3	Frank	Thompson	55	MICH	38:04.53	854
	4	Bob	Bruce	59	OREG	39:27.25	824
	5	Paul	Hoffman	55	UNAT	39:38.34	821
	6	Jed	Cronin	59	OREG	40:24.24	805
	7	Bob	Sinsheimer	58	O*H*	42:27.32	766
	8	John	Shrum	58	VMST	42:51.50	759
	9	Stephen H	Smith	57	GBM	43:24.27	749
	10	Robert	Aldrich	58	SPM	43:28.99	748
	11	Jim	Teisher	57	OREG	44:15.89	735
	12	Bruce	Day	57	SPM	44:44.99	727
	13	Robert	Mair	57	GBM	46:35.09	698
	14	Ron	Hansen	58	PNA	53:01.69	613
	15	Peter	Brooks	57	FMM	57:26.66	566
	16	Mel	Lemons	59	WSU	1:01:13.83	531
	17	Thomas	Hegeman	55	GBM	1:06:01.03	493

		<b>Willis</b>	<b>Braswell</b>	<b>2005</b>		<b>37:50.01</b>	<b>QP</b>
60-64	1	Willis	Braswell	62	DCM	38:50.45	974
	2	Larry	Raffaelli	64	VCM	39:13.70	964
	3	Vince	Herring	64	MINN	41:24.07	914
	4	Bob	Husson	62	NCMS	45:01.64	840
	5	Brian	Buzby	64	UNAT	46:19.54	817
	6	Henry	Halff	64	MOST	49:13.91	768
	7	Charles	Zeese	60	MICH	50:22.10	751
	8	Chris	Eagar	60	GBM	51:35.17	733
	9	Wayne	Fagerberg	63	GBM	51:39.03	732
	10	Morgan	Edwards	63	CMS	52:54.77	715
	11	John	Lewis	60	GBM	53:23.58	709
	12	Peter	Blume	61	CSI	54:53.61	689
	13	Les	Cutler	64	NEM	56:04.99	675
	14	Hans	van Meeteren	63	NCMS	58:51.86	643

		<b>Graham</b>	<b>Johnston</b>	<b>1996</b>		<b>37:16.16</b>	<b>QP</b>
65-69	1	Tom	Landis	65	OREG	38:25.89	970
	2	Michael	Wood	65	VCM	44:40.10	834

**2007 USMS 3000 Yard Postal Championships  
Individual Results - 12**

3	Ralph	Mohr	66	OREG	46:10.99	807
4	Brent	Lake	69	OREG	47:11.99	790
5	Frank	Lea	66	NCMS	54:13.88	687
6	John	Jackson	65	NCMS	54:55.66	679
7	Phil	Read	65	GBM	55:09.57	676
8	Norman	Macartney	68	NCMS	1:00:06.13	620
9	Jon	Nauman	67	AKMS	1:02:46.99	594

		<b>Graham</b>	<b>Johnston</b>	<b>2001</b>		<b>38:17.10</b>	<b>QP</b>
70-74	1	David	Radcliff	73	OREG	39:30.88	969
	2	David	Costill	71	ISF	43:58.97	870
	3	Earl	Ellis	71	INWM	46:45.78	819
	4	George	Brunstad	73	CONN	48:32.90	789
	5	George	Thayer	71	OREG	56:29.99	678
	6	John	Cox	72	SPM	59:21.09	645
	7	Peter	Lansbury	74	NIAG	1:11:13.99	537

		<b>Frank</b>	<b>Piemme</b>	<b>2001</b>		<b>45:00.28</b>	<b>QP</b>
75-79	<b>1-NR</b>	<b>Graham</b>	<b>Johnston</b>	<b>76</b>	<b>MOST</b>	<b>42:13.00</b>	<b>1066 NR</b>
	2	Robert	Beach	77	SPM	50:11.99	897
	3	Thomas	Weber	77	NIAG	1:11:18.99	631
	4	Ned	Allen	77	SPM	1:28:09.10	511

		<b>Jurgen</b>	<b>Schmidt</b>	<b>2003</b>		<b>50:34.86</b>	<b>QP</b>
80-84	1	Frank	Piemme	82	SDSM	51:20.38	985
	2	Jurgen	Schmidt	84	SDSM	53:11.15	951
	3	George	McVey	80	NIAG	58:40.35	862
	4	Mo	Mathews	80	HIMA	1:05:15.32	775
	5	Alex	Ramirez-Miller	83	SPM	1:06:53.99	756
	6	Raymond	Allen	81	OREG	1:12:51.02	694

**2007 USMS 3000 Yard Postal Championships  
Team Results - 1**

<b>WOMEN</b>		<b>3 X 3000</b>								
<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>			
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>		
18+		Inland Northwest		2003	1:48:14.76					
18+	1	Minnesota Masters	MINN	2:04:25.97	Rachel	Hughey	29	38:13.99		
					Alexis	Fink	24	43:31.99		
					Keeley	Yen	25	42:39.99		
18+	2	Florida Aquatic Combine	FACT	2:10:09.80	Leslie	Hahn	27	42:39.41		
					Marly	Wilson	24	38:51.69		
					Meegan	Wilson	59	48:38.70		
18+	3	Oregon	OREG	2:12:07.96	Lindsey	Husk	24	53:50.99		
					Cheryl	Morgen	38	40:07.99		
					Karen	Matson	44	38:08.98		
25+		Novaquatics	Novaquatics	2001	1:48:41.40					
25+	1	Oregon	OREG	1:50:15.19	Arlene	Delmage	44	38:01.38		
					Kristine	Senkier	37	36:27.68		
					Sara	Nelson	34	35:46.13		
25+	2	St. Pete Masters	SPM	1:51:08.01	Alegra	Reich	32	37:07.70		
					Charlotte	Petersen	43	34:17.87		
					Lori	Leadbetter	42	39:42.44		
25+	3	Berkeley Aquatic Club	BERK	2:04:12.97	Julie	Porro	29	38:00.16		
					Lisa	Bettinger	25	42:39.56		
					Susan	Kirk	47	43:33.25		

**2007 USMS 3000 Yard Postal Championships  
Team Results - 2**

<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>		
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>	
35+		YMCA Indy Swimfit		2004	1:55:40.47				
35+	<b>NR-1</b>	<b>Colonial 1776</b>	<b>1776</b>	<b>1:48:46.21</b>	Alexis	Murray	36	38:32.12	<b>NR</b>
					Laurie	Hug	42	34:23.89	
					Vibeke	Swanson	46	35:50.20	
35+	2	Illinois Masters	IM	2:02:26.95	Nadine	Day	37	35:01.99	
					Marcia	Cleveland	43	38:00.96	
					Lynne	Lasser	45	49:24.00	
35+	3	YMCA Indy Swimfit	ISF	2:13:47.95	Cheryl	Gettelfinger	49	44:02.24	
					Katherine	McAteer	44	42:22.84	
					Jan	Johnson	53	47:22.87	
35+	4	Berkeley Aquatic Club	BERK	2:25:57.67	Anne-France	Saillot	45	45:40.58	
					Rosanne	Lemangelo	45	55:56.16	
					Lynn	Ascione	40	44:20.93	
35+	5								
45+		Oregon		2003	1:55:43.32				
45+	1	St. Pete Masters	SPM	2:00:05.53	Laura	Kaleel	47	39:26.54	
					Sharon	Steinmann	49	40:09.99	
					Lisa	Flanagan	45	40:29.00	
45+	2	Masters of South Texas	MOST	2:01:48.56	Elaine	Finchom	52	39:31.71	
					Susan	Ingraham	48	40:14.40	
					Kathy	Boyer	53	42:02.45	
45+	3	Oregon	OREG	2:02:53.06	Barb	Harris	47	44:12.58	
					Kris	Denney	47	40:42.00	
					Mary	Sweat	50	37:58.48	
45+	4	St. Pete Masters	SPM	2:17:02.57	Patricia	Nardozzi	48	49:18.92	
					Pam	Geiger	54	44:43.65	
					Jo Ann	Harrelson	51	43:00.00	

**2007 USMS 3000 Yard Postal Championships  
Team Results - 3**

<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>	
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>
55+		San Diego		2004	2:14:19.15			
55+	1	St. Pete Masters	SPM	3:03:20.58	Storm	Eddy	57	52:24.60
					Sandy	Steer	68	1:06:46.99
					Kate	Knight-Perry	77	1:04:08.99
55+	2	Florida Aquatic Combine	FACT	3:09:18.45	Florence	Delaney	63	1:06:24.03
					Marianne	Bradley	64	59:03.32
					Nancy	Durstein	77	1:03:51.10
55+	3	Oregon	OREG	3:11:20.99	Stephanie	Harris	57	1:04:17.99
					Peggy	Whiter	64	1:03:45.99
					Kathy	DeGree	57	1:03:17.01
55+	4	Twin Rivers YMCA	TRYM	3:19:21.77	Greta	van Meeteren	60	52:52.48
					Susan	Husson	63	1:02:03.03
					Camille	Klotz	62	1:24:26.26
65+		San Diego		2005	2:26:57.24			
65+	1	Florida Maverick Masters	FMM	3:11:45.13	Patricia	Bond	69	51:18.22
					Doris	Prokopi	71	1:06:20.88
					Ruth	Hoskinson	77	1:14:06.03
<b>MEN</b>		<b>3 X 3000</b>						
25+		Sierra Nevada	Sierra Nevada	1996	1:42:58.91			
25+	1	St. Pete Masters	SPM	1:44:17.38	Timothy	Kennedy	51	34:55.18
					Kern	Davis	53	34:56.19
					John	Reich	30	34:26.01

**2007 USMS 3000 Yard Postal Championships  
Team Results - 4**

<b>Age Group</b>	<b>Place</b>	<b>Club Name</b>	<b>Club Abbr.</b>	<b>Total Time</b>	<b>Names of Swimmers</b>		<b>Individual</b>	
					<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Time</b>
35+		Ventura County		2001	1:33:36.65			
35+	1	Oregon	OREG	1:47:56.54	Rob	Higley	42	37:07.11
					Hardy	Lussier	42	36:23.60
					Greg	Jablonski	41	34:25.83
35+	2	Berkeley Aquatic Club	BERK	2:06:02.45	Eric	Marquard	43	39:41.13
					Mike	Fanelli	53	42:52.13
					David	Feldman	48	43:29.19
35+	3	Florida Maverick Masters	FMM	2:49:30.64	Jeffrey	Burton	38	43:22.99
					Peter	Brooks	56	57:26.66
					Gregory	Rotole	53	1:08:40.99
45+		Ventura County		2003	1:47:29.32			
45+	1	Oregon	OREG	1:52:57.14	Mike	Tennant	54	39:23.99
					Kris	Calvin	45	37:46.51
					Doug	Asbury	47	35:46.64
45+	2	St. Pete Masters	SPM	2:08:18.67	Steve	Freeman	51	40:04.69
					Robert	Aldrich	58	43:28.99
					Bruce	Day	57	44:44.99
55+		Oregon		2003	1:53:08.88			
55+	1	Oregon	OREG	1:55:00.73	Jed	Cronin	59	40:24.24
					Bob	Bruce	59	39:27.25
					Steve	Johnson	59	35:09.24
55+	2	Twin Rivers YMCA	TRYM	2:38:49.21	Bob	Husson	62	45:01.69
					John	Jackson	65	54:55.66
					Hans	van Meeteren	63	58:51.86

**2007 USMS 3000 Yard Postal Championships  
Team Results - 5**

<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>		
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>	
65+		Oregon		2003	2:15:27.00				
65+	<b>NR-1</b>	<b>Oregon</b>	<b>OREG</b>	<b>2:04:07.76</b>	Ralph	Mohr	66	46:10.99	<b>NR</b>
					Dave	Radcliff	73	39:30.88	
					Tom	Landis	65	38:25.89	
65+	2	St. Pete Masters	SPM	2:56:27.97	Robert	Beach	77	50:11.99	
					John	Cox	72	59:21.99	
					Alex	Ramirez-Miller	83	1:06:53.99	
<b>MIXED</b>		<b>4 X 3000</b>							
18+		Novaquatics		2001	2:22:18.50				
18+	1	Irish Aquatic Masters	IAMP	2:35:43.02	Chris	Seibert	23	34:46.99	
					Patrick	McCabe	19	36:20.99	
					Kristina	Petersen	25	39:43.99	
					Lynn	Blue	49	44:51.05	
18+	2	Virginia Masters	VMST	2:42:59.45	Kathy	Umbdenstock	55	43:10.18	
					Shirley	Loftus-Charley	56	39:13.57	
					John	Shrum	58	42:51.50	
					Craig	Charley	24	37:44.20	

**2007 USMS 3000 Yard Postal Championships  
Team Results - 6**

<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>	
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>
25+		Heart of Texas		2001	2:16:27.57			
25+	1	Colonial 1776	1776	2:20:26.91	Mike	Degroat	48	35:49.23
					Vibeke	Swanson	46	35:50.20
					Laurie	Hug	42	34:23.89
					Keith	Krelovich	33	34:23.59
25+	2	Oregon	OREG	2:23:03.24	Kristine	Senkier	37	36:27.68
					Hardy	Lussier	42	36:23.60
					Sara	Nelson	34	35:46.13
					Greg	Jablonski	41	34:25.83
25+	3	St. Pete Masters	SPM	2:31:36.99	Alegra	Reich	32	37:07.70
					Lori	Leadbetter	42	39:42.44
					John	Reich	30	34:26.01
					Robert	Villacres	38	40:21.99
25+	4	Livoria YMCA	LNy	2:44:20.63	Jill	Guerrera	34	37:59.28
					William	Neafsey	40	37:50.18
					Jennifer	Backer	39	41:59.10
					George	Halow	45	46:32.07
25+	5	Twin Rivers YMCA	TRYM	3:07:43.06	Frank	Lea	66	54:13.88
					Nancy	Schwarzer	43	59:20.01
					Andrea	Packard	32	35:55.97
					Mark	Doyle	47	38:13.20

**2007 USMS 3000 Yard Postal Championships  
Team Results - 7**

<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>	
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>
35+		Colonials 1776		2004	2:20:51.38			
35+	1	St. Pete Masters	SPM	2:23:35.78	Timothy	Kennedy	51	34:55.18
					Kern	Davis	52	34:56.19
					Laura	Kaleel	47	39:26.54
					Charlotte	Petersen	43	34:17.87
35+	2	Oregon	OREG	2:30:50.78	Karen	Matson	44	38:08.98
					Arlene	Delmage	44	38:01.38
					Dave	Cloninger	38	37:33.31
					Rob	Higley	42	37:07.11
35+	3	Illinois Masters	IM	2:36:52.14	Skip	Montanaro	52	46:37.19
					Dave	Sebastian	46	37:12.00
					Marcia	Cleveland	43	38:00.96
					Nadine	Day	37	35:01.99
35+	4	Gold Coast Masters	GOLD	2:42:23.99	Andrea	Woodburn	43	42:02.05
					Larry	Caldwell	42	39:50.51
					Jonathan	Olsen	44	39:37.56
					Debbie	Cavanaugh	49	40:53.87
35+	5	Florida Maverick Masters	FMM	3:46:13.90	Jeffrey	Burton	38	43:22.99
					Peter	Brooks	56	57:26.66
					Patricia	Bond	69	51:18.22
					Doris	Prokopi	77	1:14:06.03

**2007 USMS 3000 Yard Postal Championships  
Team Results - 8**

<u>Age</u>					<u>Names of Swimmers</u>		<u>Individual</u>		
<u>Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Club Abbr.</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Time</u>	
45+		Oregon		2003	2:29:46.69				
45+	<b>NR-1</b>	<b>Oregon</b>	<b>OREG</b>	<b>2:29:26.36</b>	Kris	Denney	47	40:32.00	<b>NR</b>
					Mary	Sweat	50	37:58.48	
					Doug	Asbury	47	35:46.64	
					Steve	Johnson	59	35:09.24	
45+	2	St. Pete Masters	SPM	2:44:12.67	Lisa	Flanagan	45	40:29.00	
					Sharon	Steinmann	49	40:09.99	
					Steve	Freeman	51	40:04.69	
					Robert	Aldrich	58	43:28.99	
45+	3	Berkeley Aquatic Club	BERK	2:58:12.32	Mike	Fanelli	53	42:52.13	
					David	Fabian	48	46:06.36	
					Anne-France	Saillot	45	45:40.58	
					Susan	Kirk	47	43:33.25	
45+	4	St. Pete Masters	SPM	3:02:40.63	Bruce	Day	57	44:44.99	
					Pam	Geiger	54	44:43.65	
					Jo Ann	Harrelson	51	43:00.00	
					Robert	Beach	77	50:11.99	
55+		DC Masters		2003	2:47:38.21				
55+	1	Oregon	OREG	3:24:56.14	Peggy	Whiter	64	1:03:45.99	
					Kathy	DeGree	57	1:03:17.01	
					Bob	Bruce	59	39:27.25	
					Tom	Landis	65	38:25.89	
65+		San Diego		2005	3:02:37.13				
65+	1	St. Pete Masters	SPM	4:17:11.96	Sandy	Steer	68	1:06:46.99	
					Kate	Knight-Perry	72	1:04:08.99	
					Alex	Ramirez-Miller	83	1:06:53.99	
					John	Cox	72	59:21.99	



**2007 USMS 3000 Yard Postal Championships  
Club Results - 2**

	<b>TEAM</b>	<b>Total Points</b>
1	Great Bay Masters	43,750
2	Oregon Masters	34,579
3	St. Pete Masters	18,182
4	Masters of South Texas	17,092
5	North Carolina Swim Masters	10,632
6	Michigan Masters	10,507
7	Sawtooth Masters	10,431
8	Unattached	9,393
9	New England Masters	8,060
10	Niagara Masters	8,025
11	Colorado Masters	7,888
12	Berkley Maters	7,614
13	Florida Maverick Aquatics	5,237
14	Irish Aquatic Masters	5,138
15	Minn Masters Swim Club	5,096
16	Washington St. University Masters	4,981
17	Indy Swim Fit	4,936
18	Illinois Masters	4,752
19	Florida Aquatic Combined Team	4,751
20	Virginia Masters	4,029
21	Gold Coast Masters	3,887
22	Alaska Masters	3,267
23	Arizona Masters	3,025
24	Pacific Northwest Aquatics	2,877
25	San Diego Swim Masters	2,843
26	Colonials 1776	2,775
27	Ventura County Masters	2,632
28	SwimQuest Masters	2,629
29	Cardinal Swimming Indiana	2,452
30	Georgia	2,148
31	DC Masters	1,934
32	Irvine Novaquatics	1,550
33	Inland Northwest Masters	1,438
34	City Of Midland Aquatics	1,388
35	Martha's Vineyards Swim Masters	1,291
36	Victor Swim Club Masters	1,286
37	Tamalpais Masters	1,034
38	Noblesville Adult Swim Team	880
39	Iowa Masters	855
40	Maine Masters Swim Club	838
41	Missouri Valley	828
42	Connecticut Masters	789
43	Kosciusko County YMCA	777
45	Hawaii Masters	775
46	O*H*I*O Masters	766
47	Wisconsin Masters Aquatics	744
48	Garden State Masters	721
49	Heart of Texas Aquatic Masters	519
50	Sarasota YMCA Sharks	455
51	Blue Wave Masters	443